



Peace Learning Center of Milwaukee, Inc.
Peacemakers' Workshop
Curriculum Activity Overview:

I. Cooperative Games

Ia. "Peace Says"

Objective:

1. Students will use critical listening and thinking skills to determine which actions are "peaceful" and which are not.
2. Students will be made aware that they can already recognize peaceful actions.

Ib. "My Name Is..." /"I Like..."/"I Believe..." /I Care About....."/I Want...."

Objectives:

1. Students will feel welcomed and included.
2. Students will recognize that each person in the circle is an individual with individual preferences. Students will understand everyone can participate in the community regardless of individual differences.

Ic. Crossing the Line

Objectives:

1. Students will develop their communication and cooperation skills. Students will have a unique, new experience that draws upon their skills of cooperation and/or leadership.
2. The concept that each individual has likes and dislikes that can be either unique or shared will be reinforced. Students will understand that each individual is an important part of the community and can contribute to the community, whether as a leader or a follower.

WCSCM Model Academic Standards Addressed: A, B, C, D, E, F, G, H, I

II. How many people?

Objective:

1. The students will begin to understand that one person's actions can affect an entire group of people in either a positive or negative way.
2. The students will understand that only they can control their own actions, and that they can not control anyone else's actions.

WCSCM Model Academic Standards Addressed: A, C, D, E, G

III. Peace Mentors

Objectives:

1. Students will understand that one person can make a big difference by helping to solve a big problem in nonviolent ways.
2. Students will be able to name the five peace mentors, and will recognize that they come from different geographic areas and backgrounds.
3. Students will be introduced to nonviolent conflict resolution vocabulary including: "union", "protest", "boycott", "nonviolence", "strike"

WCSCM Model Academic Standards addressed: A, C, D, E, F, G, H

V. Energizer

Objectives:

1. Students will experience empathy.
2. Students will understand the difference between being assertive and being aggressive, and that an assertive response can lead to desired results.

WCSCM Model Academic Standards addressed: A, C, D, E, G

VI. Peace Breath

Objective:

1. The students will experience the calming effect that a deep breath can have.
2. Students will understand that a peace breath can be used to calm the mind and body, and help them make better choices.
3. Students will understand that a peace breath can be done anywhere, at anytime.

WCSCM Model Academic Standard/Benchmark Addressed: A, C, D, E, F

VII. Peace Tools: Feelings, Emotions and I-Messages

Objective:

1. Students will understand that feelings and emotions are two names for the same things and relate to our actions.
2. Students will understand that everyone has feelings, that no feeling is “wrong”, but that it’s important to learn to respond appropriately when they experience negative emotions. Students will hear four-part I-messages and, begin to appreciate their value, and practice creating them.
3. Students will hear rephrasing, begin to appreciate its value, and practice doing it.

WCSCM Model Academic Standard/Benchmark Addressed: A, B, C, D, E, F, G, H

VIII. Peace Tools: “Ready-Set-Go!”

Peace Learning Center of Milwaukee’s Conflict Resolution Strategy

Objectives:

1. The students will be introduced to, and practice a conflict resolution process called “Ready-Set-Go” that they can use to solve conflicts with or without the help of a student coach.

WCSCM Model Academic Standards/Benchmarks Addressed: A, B, C, D, E, F, G, H

X. Game Show-Style Review: “World Championship of Ready-Set-Go!”

Objective:

1. Reinforce and review the tools and concepts learned thus far in the workshop.

WCSCM Model Academic Standards/Benchmarks Addressed: A, C, D, E, G

XI. “I Don’t Want To Fight”

Objectives:

1. Students will see, practice, and learn a tool intended to enable them to back away from a physical confrontation with a peer, safely and without losing face.
2. Students will understand that this tool is to be used only with peers, not strangers and is not a form of self-defense.

WCSCM Model Academic Standard/Benchmark Addressed: A, B, C, D, E, F, G

XIIV. “Peace Hike” (30 minutes)

Objective:

1. The students will make connections between the natural world and their own lives, for example, noticing that undeveloped areas such as woods and water bodies have many facets that can provide enjoyable experience yet beginning to realize that the areas are susceptible to harm.

WCSCM Model Academic Standard/Benchmark Addressed: A, C, D, E, F