



Peace Learning Center of Milwaukee, Inc.
Peacemakers' Workshop
Curriculum Activity Overview:

I. Cooperative Games

Ia. "My Name Is..." / "I Like..." / "My favorite thing about ____ is..."

Objectives:

1. Students will feel welcomed and included.
2. Students will recognize that each person in the circle is an individual with individual preferences. Students will understand everyone can participate in the community regardless of individual differences.

Ib. Beach Ball Relay

Objectives:

1. Students will develop their communication and cooperation skills. Students will have a unique, new experience that draws upon their skills of cooperation and/or leadership.
2. The concept that each individual has likes and dislikes that can be either unique or shared will be reinforced. Students will understand that each individual is an important part of the community and can contribute to the community, whether as a leader or a follower.

Ic. Beach Ball Bop

Objective:

1. Students will develop their communication and cooperation skills. Students will have a unique, new experience that draws upon their skills of cooperation and/or leadership.
2. Students utilize language designed to encourage cooperation between peers

II. Group juggling

Objective:

1. The students will begin to understand that one person's actions can affect an entire group of people in either a positive or negative way.
2. The students will understand that only they can control their own actions, and that they cannot control anyone else's actions.

III. Stress Balloon

Objectives:

1. Students will recognize the sources and impact of stress on the individual.
2. Students will recognize and practice tools to help manage stress.

IV. Energizer - Inner Peace/Outer Peace

Objective:

1. Students will recognize the meaning of peace – both to the group and to the individual

V. Crossing the Line

Objectives:

1. Students will recognize hurtful situations and their potential role(s).
2. Students will emphasize with classmates who have experienced hurtful situations.
3. Students will have increased awareness of their classmates' potential struggles.

VI. Being a good friend

Objective:

1. Students will recognize the importance of being a good friend
2. Students will plan strategies for making friends with someone new, or helping a friend find inner peace

VII. Group Art Project

Objective:

1. Students will cooperate to create an art project, while brainstorming ideas to promote friendship/supportive environments in the classroom.

VII. Peace Tools: Feelings, Emotions and I-Messages

Objectives:

1. Students will understand that feelings and emotions are two names for the same things and relate to our actions.
2. Students will understand that everyone has feelings, that no feeling is “wrong”, but that it’s important to learn to respond appropriately when they experience negative emotions.
Students will hear four-part I-messages and, begin to appreciate their value, and practice creating them.
3. Students will hear rephrasing, begin to appreciate its value, and practice doing it.

VIII. Peace Tools: “Ready-Set-Go!”

Peace Learning Center of Milwaukee’s Conflict Resolution Strategy

Objectives:

1. The students will be introduced to, and practice a conflict resolution process called “Ready-Set-Go” that they can use to solve conflicts with or without the help of a student coach.

IX. Game Show-Style Review: “World Championship of Ready-Set-Go!”

Objective:

1. Reinforce and review the tools and concepts learned thus far in the workshop.

X. "Peace Hike"

Objective:

1. The students will make connections between the natural world and their own lives, for example, noticing that undeveloped areas such as woods and water bodies have many facets that can provide enjoyable experience yet beginning to realize that the areas are susceptible to harm.